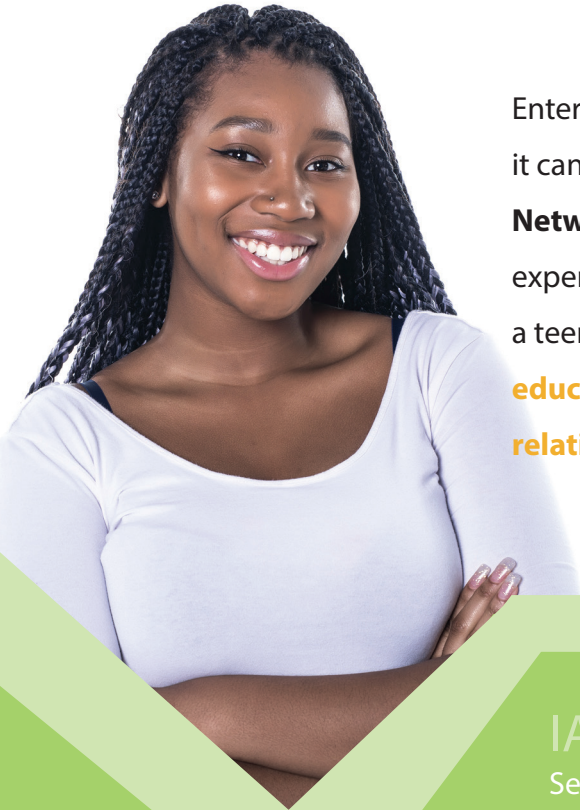


You're about to be out on your own ...

So, now what?



Entering adulthood means making lots of decisions, and it can be a tough time. The **Iowa Aftercare Services Network (IASN)** is available to help young adults who experienced foster care or other court-ordered placement as a teenager. We will help you reach your personal goals for: **education, employment, housing, health, life skills and relationships.**

IASN Partner Agencies

Several months prior to leaving foster care or any time after aging out, you can call **800.443.8336** to be referred to one of these IASN agencies:

- American Home Finding Assoc.
- Children's Square USA
- Family Resources
- Foundation 2
- Four Oaks
- Youth Homes of Mid-America
- Young House Family Services
- YSS (Lead IASN Agency)



ON YOUR OWN BUT NOT ALONE

800-443-8336

www.iowaaftercare.org

Lead Provider Agency:

YSS

515.233.3141 • www.yss.org

Coordination and evaluation provided by:

Youth Policy Institute of Iowa

515.727.4220 • www.ypii.org

Funding provided by:

Iowa Department of Human Services

www.dhs.iowa.gov



* Foster care includes but is not limited to group care, family foster care, shelters, and relative placement. Call Aftercare to verify eligibility.



ON YOUR OWN BUT NOT ALONE





Helping young people who exit foster care make the connections and develop the skills they need as emerging adults.

Iowa Aftercare Services Network (IASN)

is a group of organizations across the state who work together to support youth who have aged out of foster care* or other out-of-home placement.

We can help if you are age 18, 19 or 20 and:

- Live anywhere in the state of Iowa.
- Exit foster care*, Iowa State Training School (STS), or a court-ordered Iowa juvenile detention center at age 18 or older, or between 17 ½ and 18 and have been in any combination of care for at least 6 of the previous 12 months.
- Are adopted from foster care or entered a subsidized guardianship arrangement from foster care, on or after your 16th birthday.

Contact us about extended services up to age 23.

Aftercare Services

Voluntary, individualized support provides encouragement and connections as well as guidance in making decisions that are right for you. Participants meet at least twice a month with an IASN Self-Sufficiency Advocate (SSA).

Your SSA will work with you to:

- Set and reach personal goals.
- Find and keep a safe place to live.
- Obtain funds to pay for emergency expenses and bills.
- Enroll in college or job training, and/or secure employment.
- Find a doctor, dentist, or counselor.
- Master skills you need to live on your own.

Preparation for Adult Living (PAL)

You may be eligible for financial support in the form of a monthly stipend. To qualify for PAL, you must have exited placement at age 18 or older and be enrolled in an education or work training program, and/or be employed. The PAL stipend amount varies based on your income and other factors.

Pre-Aftercare

Getting to know an IASN Self-Sufficiency Advocate before you turn 18 can help you understand options available to you, make connections to community resources, and provide the support you need as you transition to adulthood. Ask your worker to contact Aftercare today!



"Aftercare is an opportunity that everyone should participate in. It can help shape your future, and the future of others. Aftercare is an absolute privilege and is extremely helpful." — Survey Respondent, April 2019

In 2019, 371 Aftercare participants gave Aftercare and PAL an average rating of 9.23 on a 10-point scale.



Source: April 2019 Satisfaction Survey